



KADDUGALA UGANDA

ELEMENTAL FLOW YOGA RETREAT



CONTENT

- Breath work & Meditation
- Liberation / Thai Body work
- Yoga Philosophy
- Taoist Meditation & chi Gong
- Yin, Hatha and Ashtanga Yoga
- Lunch and Refreshments

Get in Touch

+256-759-849007

256yoga@gmail.com

www.yogauganda.org

VENUE: ViaVia traveller's Entebbe

DATES : 27th/ April /2024

TAX : 100,000UGX

